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# Greek Yogurt Waffles with Bananas, Candied Pecans, Maple Rum Syrup and Whipped Cream Makes about 4 - 5 waffles

Try these waffles! Greek yogurt adds a delightful tanginess while offering a boost to the overall protein content. With this solid foundation, we've loaded these tasty waffles with decadent toppings -- slices of banana, candied pecans, and a drizzle of maple rum syrup. For some extra flair, plan to finish the presentation with a little whipped cream. Brunch is now served!

### Maple Rum Syrup Ingredients:

1 cup pure maple syrup 1/4 cup dark rum 2 tablespoons butter 1 teaspoon vanilla extract

## **Quick Candied Pecan Ingredients:**

1 tablespoon brown sugar 1 tablespoon granulated sugar 1/2 teaspoon cinnamon 1/4 teaspoon Kosher salt 1-1/2 teaspoons water 1/4 teaspoon vanilla 1 cup pecan halves

## Greek Yogurt Waffle Ingredients:

2 cups all-purpose flour
1 tablespoon sugar
2 teaspoons baking powder
1/2 teaspoon Kosher salt
2 large eggs
1 cup Greek yogurt
1 cup milk
1/4 cup melted butter
1 teaspoon vanilla extract

#### For Serving:

Maple rum syrup Quick candied pecans Sliced bananas Whipped cream (optional)

#### **Directions:**

- 1. For the Maple Rum Syrup. Combine the maple syrup, dark rum, and butter in a small saucepan and heat over medium-low heat. Stir and simmer for about 5-7 minutes. Add the vanilla extract to the syrup and stir well.
- 2. Remove the saucepan from heat and allow the syrup to cool slightly before serving.
- 3. For the Quick Candied Pecan. Combine the brown sugar, sugar, cinnamon, salt, water, and vanilla in a skillet, and cook for a few minutes until the sugar dissolves.
- 4. Add the pecans and stir until coated. Cook for another 2-3 minutes while stirring.
- 5. Cool the coated pecans immediately in a single layer on a parchment-lined baking sheet.
- 6. For the Greek Yogurt Waffles: Preheat the waffle iron according to the manufacturer's instructions.
- 7. Mix the dry ingredients. In a large bowl, whisk together the flour, sugar, baking powder, and salt.
- 8. In another bowl, whisk the eggs. Add the Greek yogurt, milk, melted butter, and vanilla extract. Whisk until well combined.
- 9. Pour the wet ingredients into the bowl with the dry ingredients. Stir until just combined. Be careful not to overmix; it's okay if there are a few lumps!
- 10. Lightly grease the waffle iron with a non-stick cooking spray, or a small amount of melted butter. Pour the batter onto the preheated waffle iron, spreading it evenly. Close the lid and cook according to your waffle iron's instructions, usually for about 3-5 minutes, or until the waffles are golden brown and crisp.
- 11. Carefully remove the waffles from the iron, and serve them warm.
- 12. Serve with sliced bananas, candied pecans, maple rum syrup, and a few dollops of whipped cream. ENJOY!