

The Brick Kitchen

330 1st Street East Suite B Independence, IA 50644 (319) 332-0330

Smash Burgers with Onions and Special Sauce

Serves 4

Craving a burger experience like no other? Say hello to Smash Burgers – where the sizzle meets the smash! Our secret? It's all in the smashing technique. The smashing action and quick cooking time creates crispy edges and a juicy, flavorful interior. Customize with your favorite toppings, and dig into some burger bliss!

Ingredients for the Burgers:

1 pound ground beef, (80% lean, 20% fat) Salt and freshly ground black pepper 8 slices American cheese 4 hamburger buns, toasted

Ingredients for the Oklahoma-style Onions:

1 large onion, sliced paper thin slices with a mandoline Pinch of salt

Ingredients for Serving:

Lettuce, thinly sliced Pickles

Ingredients for the Special Sauce::

1/3 cup mayonnaise
2 tablespoons ketchup
2 tablespoons dill pickle relish
1 tablespoon finely diced onion
1 teaspoon red wine vinegar
1/4 teaspoon mustard powder
1/4 teaspoon paprika
1/4 teaspoon kosher salt
1/8 teaspoon pepper
Dash of hot sauce (optional)

Directions:

- 1. Prepare the onions. Using a mandoline, slice the onions into paper-thin slices. Place into a little pile and sprinkle with a pinch of salt. Set aside until ready to cook the burgers.
- 2. Make the special sauce. In a medium bowl, whisk together the mayonnaise, ketchup, dill relish, onion, red wine vinegar, mustard powder, paprika, salt, and pepper. Add a dash of hot sauce, if you'd like.
- 3. Divide and form the ground beef into 8 equal, 2 ounce portions. Shape each portion into about 2-inch balls. Season each ball with salt and black pepper.
- 4. Butter the buns, and prepare to toast while the burgers are cooking.
- 5. Prep the lettuce by slicing thinly. Drain the pickles.
- 6. Preheat a griddle, cast iron skillet, or large stainless steel pan over medium-high heat. Drizzle a layer of canola oil over the surface to prevent the burgers from sticking.
- 7. It's smash time! Once the pan is hot, add half the onions and cook until they begin to sizzle. Then, arrange the onions into 4 little piles in the hot pan. Place a burger ball on each onion pile in the skillet and immediately smash with a burger press or spatula until flattened to about 1/4-inch thick. Cook quickly for 2 minutes per side (set a timer, they cook quickly!). Flip and add a slice of American cheese and cook for 2 more minutes. The thinner edges will become wonderfully crispy. Remove from the pan. After the first batch is cooked, repeat step 7 with the remaining four burger balls.
- 8. Meanwhile, toast the buns on the grill or by broiling until just golden brown.
- 9. Assemble the smash burgers. Serve these delicious burgers as a single or double stack on a toasted bun with pickles, lettuce, caramelized onions, and special sauce.
- 10. Serve and enjoy the mouthwatering combination of crispy, juicy, and savory flavors!