

The Brick Kitchen

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Slow Cooker Chicken Tostadas with Avocado Crema

Serves 4 - 6

Enjoy these flavorful chicken tostadas with the addition of a rich and creamy avocado crema. They are easily made by slow cooking the chicken, and prepping an array of toppings while the tostada shells bake. Tostadas are perfect for a family-pleasing dinner, or for feeding a gathering of friends!

Chicken Ingredients:

3 pounds boneless, skinless chicken breasts

1 teaspoon ground cumin

1 teaspoon chili powder

1/2 teaspoon paprika

1/2 teaspoon onion powder

1/2 teaspoon garlic powder

1 teaspoon Kosher salt

1/2 teaspoon freshly ground black pepper

2 tablespoons olive oil

1 can (7 oz.) diced green chiles

Directions:

1. PLACE the boneless, skinless chicken breasts in the slow cooker.

Avocado Crema Ingredients:

2 ripe avocados 1/2 cup sour cream 1/4 cup fresh cilantro, chopped 1 lime, juiced Salt and pepper to taste

Ingredients for Serving:

12 small corn tortillas Shredded cheese Shredded lettuce Diced tomatoes Sliced jalapeños, (optional) Cilantro, as garnish Avocado Crema

- 2. SPRINKLE the ground cumin, chili powder, paprika, onion powder, garlic powder, salt, and pepper evenly over the chicken. Drizzle with olive oil. Add the diced green chiles.
- 3. COVER the slow cooker and cook on the LOW setting for 6-8 hours, OR on the HIGH setting for 3-4 hours until the chicken is tender and shreds easily with a fork.
- 4. SHRED the cooked chicken using two forks.
- 5. PREPARE the avocado crema. In a food processor, combine the ripe avocados, sour cream, chopped cilantro, lime juice, salt, and pepper. Blend until smooth and creamy. Adjust the seasonings to your taste.
- 6. PREP the tortillas. Preheat the oven to 425°F. Brush both sides of the corn tortillas with olive oil and place on a sheet pan. Bake for about 5 minutes or until they become crisp and lightly browned. Flip each tortilla over and sprinkle with grated cheese and bake for another 2 4 minutes, or until the cheese melts.
- 7. ASSEMBLE the tostadas. Top each tortilla with the shredded chicken. Then, add the toppings of your choice: shredded lettuce, diced tomatoes, jalapeños, and cilantro.
- 8. DRIZZLE the avocado crema on top and enjoy!