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## **Green Chile & Cheese Egg Bake Bites**

Makes 12 egg bites

Busy mornings are the norm! We often find ourselves searching for satisfying, protein-packed recipes that come together in a snap to help us approach the day with some solid nourishment. You'll find that these savory egg bake bites are just that -- delicious, satisfying, and easy!

## Ingredients:

1/2 cup butter, melted, plus 2 tablespoons softened

1/4 cup flour

1/2 teaspoon baking powder

1/4 teaspoon Kosher salt

1/2 teaspoon pepper

1/2 teaspoon paprika

8 eggs

3/4 cup small curd cottage cheese

7 oz can chopped green chiles

2 cups grated Monterey Jack cheese (about 8 oz)

## **Directions:**

- 1. Preheat the oven to 350°F. Generously butter the cups of a standard-sized muffin pan with the softened butter.
- 2. In a medium bowl, mix together the flour, baking powder, salt, pepper, and paprika.
- 3. In a large bowl, whisk the eggs. Slowly add the dry ingredients to the egg mixture and whisk to combine.
- 4. Stir in the melted butter, cottage cheese, green chiles, and Monterey Jack cheese and continue stirring until the ingredients are incorporated.
- 5. Use a measuring cup to evenly distribute the egg mix into the 12 prepared cups of the muffin pan.
- 6. Bake until set, about 20-25 min. Let the egg bake bites cool in the pan before removing. Eat while warm or store in the refrigerator for 3 days in an air-tight container, or wrap well and store in the freezer for up to two months.