Grilled Carrots with Minted Yogurt Sauce

Serves 4 - 6

Carrots are transformed on the grill! With some simple seasonings and the utility of a grill basket, simple carrots become elevated into a flavorful, sweet, and savory side! Dressed up with an easy za'atar yogurt sauce, this side dish is worthy of repeating often.

Ingredients:

10 carrots, or about 2 lbs carrots, peeled and cut into 3" matchsticks 3 tablespoons olive oil 1/2 teaspoon garlic powder 1/2 teaspoon of Kosher salt 1/2 teaspoon freshly cracked black pepper 1 tablespoon sugar

Yogurt Sauce:

1 cup plain Greek yogurt 1 tablespoon fresh lemon juice (or about half of a small lemon) 1/2 teaspoon Kosher salt 1/2 teaspoon freshly ground black pepper 1 teaspoon Za'atar spice blend

Garnish:

Fresh cilantro leaves, coarsely chopped

Directions:

- 1. Peel the carrots, and cut into 3" long matchsticks.
- 2. Prepare the carrots for grilling: Place the carrots in a large bowl. Drizzle with olive oil and toss Sprinkle with garlic powder, Kosher salt, pepper, and sugar.
- 3. Grill the carrots in a grill basket over high heat until slightly blistered, a little charred, and just tender, stirring often.
- 4. While the carrots are grilling, prepare the yogurt sauce by whisking all of the yogurt sauce ingredients together.
- 5. Serve the grilled carrots with a drizzle of yogurt sauce, and a generous garnish of fresh cilantro.