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High Desert Foodie E-Newsletter

Fresh From the Kitchen

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Béarnaise Sauce

1/2 cup sherry vinegar or white wine vinegar
1/4 cup dry white vermouth
1 tablespoon finely chopped shallot
1/2 teaspoon dried tarragon
Pinch of salt
3 egg yolks
1 cup (2 sticks) unsalted butter, melted

- 1. Combine the vinegar, vermouth, shallot, tarragon, and salt in a small heavy saucepan over medium heat. Bring to a boil, lower the heat, and simmer until reduced to a few spoonfuls. Cool to room temperature.
- 2. Strain the cooled mixture into another small heavy saucepan, or the top of a double boiler, and whisk in the egg yolks. Beat until thick and creamy.
- 3. Set the pan over very low heat, or over simmering water in a double boiler, and begin whisking immediately. Continue to whisk until the egg mixture just begins to thicken; the surest sign of this is that the wires of the whisk will begin to leave "tracks" through which you can see the bottom of the pan.
- 4. Remove the pan from the heat and begin to dribble in the melted butter, whisking constantly. Incorporate all the butter, but leave the milky residue behind.
- 5. Taste, and correct the seasoning; add a few more drops of vinegar if you like. Set the sauce aside, covered, in a warm (not hot) place. The sauce will keep for at least 30 minutes.

About 1-1/2 cups.